

FOOD FOR THOUGHT: MIDDLE SCHOOL PARENTS

If you think your middle schooler is college-bound, here are a few ways you can help them get college-ready:



Talk about expectations

If you want your child attending college after high school, voice your thoughts so that your child can understand that college is a logical step for them after high school.



Alert the middle school faculty of your child's college plans

Teachers and counselors can help your child take the right steps and classes in their journey to college. Along with your family, they can become a big part of your support network.



Explore career fields

If your child expresses interest in a certain job or career, work with their counselor and teachers to make sure they take the right classes for it. You could also suggest finding someone in that career field to speak with your child about opportunities.



Create good study habits

Work with your child's teachers to start good study skills, especially in subjects or classes that are harder for your child.



Use summers wisely

Encourage your child to look into jobs, internships or programs that can help them continue to learn even though school is out.



Encourage like-minded friendships

If your child has friends who also plan to go to college, they can support one another throughout the process.



Look at your high school options

While your child is in 7th grade, figure out where you are zoned to attend high school. Consider the classes, academics, extracurriculars and reputation of the school to make sure they fit your child's academic needs.

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